

# Lent planner

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

**Each week focus on one of the following for one day:**

- Give something up
- Do something extra
- Reconciliation meditation
- Read Scripture
- Watch a Missio film
- Share the message
- Pray with others

**Thought for the week**

**My prayer intentions**

**Pray every day**

